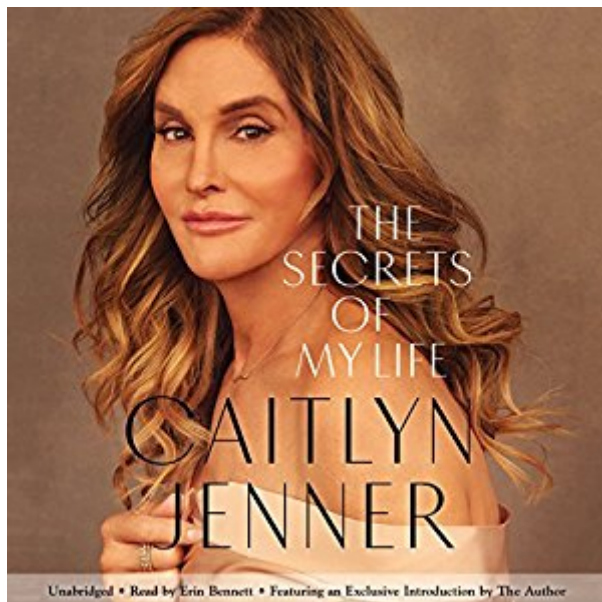


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# The Secrets Of My Life: A History



## Synopsis

The book will cover Caitlyn Jenner's childhood as Bruce Jenner and rise to fame as a gold-medal-winning Olympic decathlete; her marriages and her relationships with her children; her transition; and her experience as the world's most famous transgender woman.

## Book Information

Audible Audio Edition

Listening Length: 8 hours and 31 minutes

Program Type: Audiobook

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Publisher: Hachette Audio

Audible.com Release Date: April 25, 2017

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ASIN: B01NAM77V6

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## Customer Reviews

Very poorly written and often times boring. Both characters seem to have a lack of emotion and come across and self absorbed and no empathy towards the way the children were treated. Nothing really seemed sincere and I struggled to finish the book seeing as I paid \$15 for it...

Straight female, white, married, Midwest Independent here. I really was rooting for her. From Day 1. I mean, how much courage does it take to do what Caitlyn did? I was not even alive when she won the 78 Olympics but I always knew who she was, even before KUWTK (which I don't watch). I wanted to watch her succeed and show that there is authenticity in living your true self, no matter how you get there. The thing is: Caitlyn isn't a 21 year old. I get that she never got the experiences of a female youth. I get that she is authentically feels feminine. But there is so much more to being a woman than lipstick and heels. We don't sit around all day and paint our nails and look at fashion magazines. Well, most of us. It's almost like she looks at females and our relationships with one another as a big pillow fight and then we try on each other's clothes. That we aren't much deeper than that. The book recaps what we already know about her discovery and fierce attempt to hide her self. The sheer struggle is heart breaking. I can't imagine how lonely that is. And this was a time

before acceptance, before support groups or internet searches. That is truly magnificent, to know what Bruce was carrying on his shoulders and he still was able to channel that secret into magnificence. Caitlyn tells us how Kris isolated him from his family but it's not like she held him in a cage. That is where I was the most frustrated. I get there was some control there, but own the fact that you let it happen. What the wives knew, what they didn't, I don't think she is lying. At all. I think she is telling her story. Maybe her truth doesn't jive with someone else's perspective, but that doesn't make it wrong. The book was well written, although not anything too new or unexpected, and I think too soon in her journey. I really would have liked to read how Cait took missteps and remedied them. Explored her gender a little more. But I don't give a damn about which make up line she endorses. And I am a very feminine woman:)

There were maybe 5 or 6 pages that were news to me. Sorry Caitlyn, but too much exposed through the media prior to print.

Enjoyed this book. It explained what had been going on in Bruce Jenner's head and heart all of these years. I wasn't looking for Kardashian updates in this book, but for a better understanding of what transpired in the author's life that led to these major changes.

I wondered what would have been going through her mind all her life. Interesting book. Not great, but a good read.

I think that Caitlyn could have given us many more details. What happened between her and Candice after the kissing? Since she no longer has a penis, does she date men or women? What is a typical day like for her? The book left me with more questions than answers.

Not much new seems to be an agenda

It helps me to have more understanding and empathy for those who are dealing with this type of challenge. As always, it is our responsibility to love unconditionally and let go of everything else.

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